

BASIC PLAYS OUT OF FULL HOUSE BONE

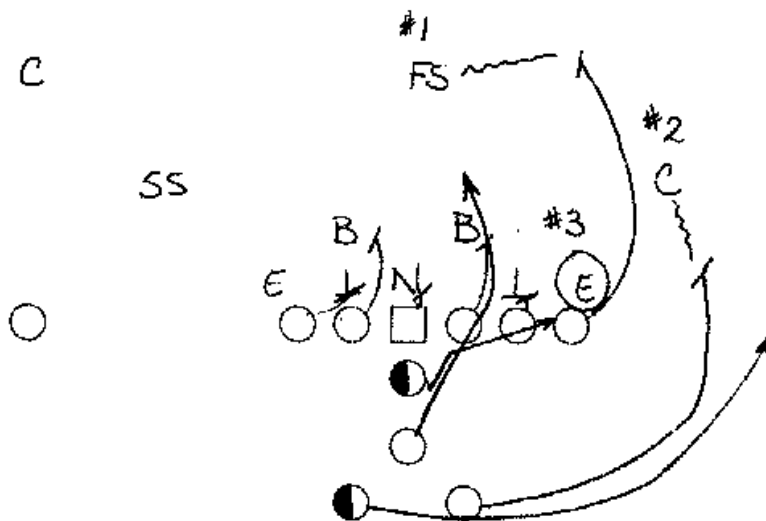
TO BE SUCCESSFUL IN THE WISHBONE TAKES MANY REPITITIONS. WE MUST ALSO CONSISTANTLY GET THE JOB DONE BLOCKING THE PERIMETER. WITH ALL THE DIFFERENT DEFENSIVE SCHEMES IN HIGH SCHOOL FOOTBALL TODAY AND WITH COACHES DOING A BETTER JOB OF COACHING THERE ARE ENDLESS NUMBERS OF POSSIBLE COMBINATIONS THAT WE MUST BLOCK IF WE ARE TO BE SUCCESSFUL. FOR THIS REASON, WE USE A SIMPLE NUMBERING SYSTEM WHICH ALLOWS US TO BLOCK ANY OF THESE SCHEMES. INSTEAD OF BLOCKING PEOPLE WE BLOCK AREAS.

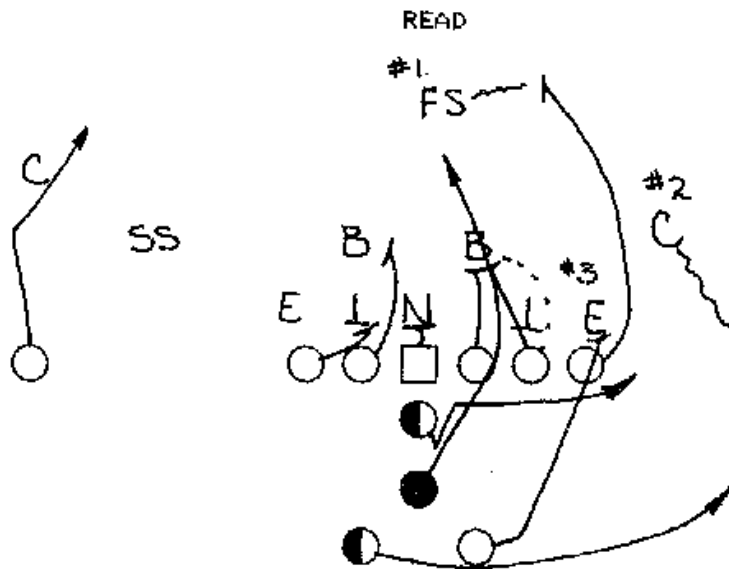
#1 - WHOEVER HAS THE DEEP HALF OR THIRD.

#2 - WHOEVER HAS THE PITCH.

#3 - WHOEVER HAS THE QUARTERBACK.

EXAMPLE: BONE LEFT OPTION RIGHT.





READ - WE WANT THE FULLBACK TO CARRY THE BALL.

QB - GIVE TO FULLBACK AND CARRY OUT FAKE UNLESS DT CLOSES IF HE CLOSES PULL THE BALL AND OPTION OFF #2.

FB - AIM PT. OUTSIDE CHECK OF GUARD. BE READY TO GET HANDS OFF ; WHETHER YOU GET IT OR NOT AS SOON AS YOU BREAK THE LINE OF SCRIMMAGE BEND THE PLAY BACKSIDE.

RHB - TAKE ARC STEP, SINK INSIDE HIP ON OUTSIDE HIP OF #3.

LHB - ESTABLISH PITCH RELATIONSHIP WITH QB. ALWAYS BE IN A POSITION TO RECEIVE THE PITCH.

SG - LINEBACKER.

ST - VEER ON LBER IF POSSIBLE IF NOT, LOOP TACKLE.

SG - LINEBACKER.

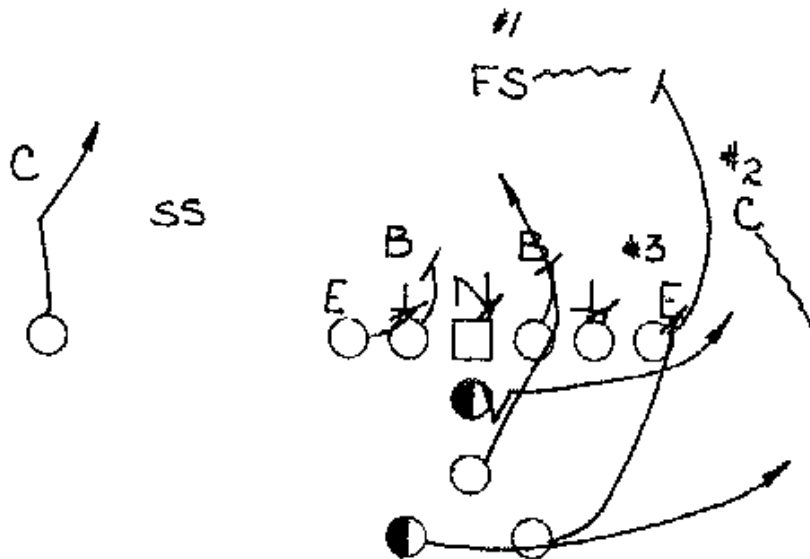
ST - VEER ON LBER IF POSSIBLE IF NOT, LOOP TACKLE.

CENTER TO BACKSIDE - SCOOP.

TE - ARC STALK BLOCK #1.

SE - BACKSIDE POST.

LOAD OPTION



LOAD OPTION - WE WANT TO PITCH THE BALL

QB - SAME AS READ PULL THE BALL OPTION #2.

FB - SAME AS OPTION.

LHB - SAME AS OPTION.

RHB - SAME AS READ.

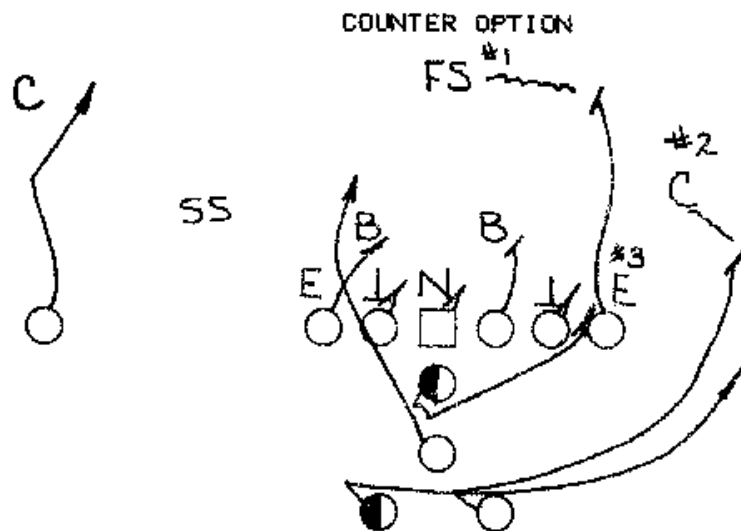
TE - ARC ON #1.

SE - BACKSIDE POST.

BACK - SIDE GUARD AND TACKLE SCOOP.

PLAYSIDE GUARD - AREA DRIVE.

PLAYSIDE TACKLE - AREA DRIVE.



COUNTER OPTION - WE WANT TO PITCH TAG FOOTBALL.

QB - OPEN AWAY FAKE WITH EYES ON OPTION MAN; PIVOT SPRINT TO INSIDE LEG OF #3 AND OPTION.

FB - MESH PATH OUTSIDE CHECK.

LHB - COUNTER STEP OR TURN SHOULDERS AWAY THEN ESTABLISH PITCH RELATIONSHIP EXPECT TO RECEIVE PITCH.

RHB - COUNTER STEP OR TURN SHOULDERS AWAY THEN WORK ON #2.

TE - INSIDE RELEASE WORK ON #1.

PLAYSIDE TACKLE - DRIVE BLOCK MAN ON .

PLAYSIDE GUARD - AREA LINEBACKER.

CENTER - DRIVE BLOCK MAN ON.

BACKSIDE GUARD - BLOCK MAN ON.

BACKSIDE TACKLE - VEER BLOCK USER.

SE - POST.

